



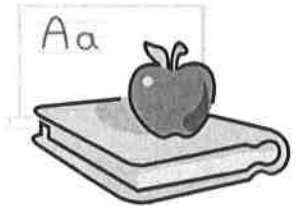
O.W. Erlewine News

September 3, 2015

Anita Warmack	Preschool
Steve DeMonner	K
Lisa Silvera	K/1
Martine Lozano	1st/2nd
Lisa Alexander	2nd
Kelli Rovane	2nd/3rd
Paul Myers	3rd
Michelle Irvine	4th
Judy Winick	4th/5th
Miki O'Toole	5th
Barbara Elliott	6th
Terri Webb	5/6th
Grace Bartlett	RSP
Paige Mains	Speech

Brian Crawford	PE
Anita Gleason	Inter. Sp.
Nancy Warren	Primary Sp. Ed
Michelle Dickson	aide
Emily Nitta	aide
Kathy Dockter	aide
Eva Abramyan	aide
Erin Holbrook	aide
Sara Nersisyan	aide
Denise Nelson	Library
Terry Smith	Principal
Stephanie Ehrk	Office Manager
Melissa Fletcher	Clerk II
Mary D	Cafeteria Manager
Donna	Cafeteria
Keisha Robinson	START
Sandra Delgadillo	4th R

Welcome Back to School!



Safe Walking To and From School

As the year begins, please be sure to review these safety rules with your child:

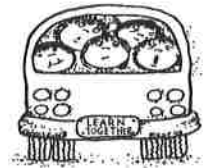
1. There is safety in numbers- avoid walking by yourself.
2. Avoid shortcuts - walk in safe areas.
3. Never go into anyone's home or get into anyone's car that you don't know.
4. If approached or followed by a car, do not approach the car, even if asked. Run in the opposite direction and seek help.
5. Never accept gifts or money from a stranger.
6. Don't talk to strangers.
7. Learn a family code word so that if there is an emergency and a parent must send someone to pick up the

student, it's okay to go with that person as long as he or she knows the family code.

Keeping students safe from harm is a shared responsibility. While we don't want our children to be in constant fear, we want them to take all necessary safety precautions.

Please remember to return your emergency cards that are being sent home in today's packet. It is important that you have additional numbers and contacts in case of an emergency.

Please also remember to let us know if you make any phone or address changes during the school year.



Special points of interest:

- * Our office hours are from 7:30 to 3:30.
- * Students may not arrive to school until 7:30.
- * We have two day care centers on site. 4th R and START.

BACK TO SCHOOL NIGHT— September 23

Back to School Night is the perfect time for you to learn about the "happenings" in your child's classroom. Please take this opportunity to meet your child's teacher and hear about the curriculum and expectations for your child this year. We look forward to seeing you at Back to School Night!

- 6:00-6:30 Welcome, school announcements, and introductions.
- 6:30-6:55 First classroom presentation.
- 7:00-7:25 Second classroom presentation.
- This is an adult only activity. If you must bring your child, please keep them with you.

www.erlewine.scusd.edu

Did you know that O.W. Erlewine has its own web site? If you haven't had a chance to check us out please do so. It's a great place to get information about our classrooms, schedules, P.T.A., Site Council, Enrichment Classes, and our calendar. Check us out!



School Lunches and Breakfast

Breakfast will be served starting today.. Lunch with milk may be purchased for \$2.00. Students bringing their lunch from home may purchase a pint of milk for 40 cents . You may purchase the school lunch for the entire week or longer period, by sending payment in check or cash to the office in an envelope marked with your child's name, room number, and attention cafeteria. During shortened days breakfast will be served from 7:35.m. until 7:55a.m. When Early/Late schedule begins, late students breakfast will be served from 8:30 to 8:55. Please allow enough time for your child to eat their breakfast before the bell rings. Students may not be on campus until 7:30 am.

Homework--When You Should Help and When You Shouldn't

When your child has a homework assignment and you find out at the 11th hour that he or she has procrastinated, how do you handle it?

Remember that it's not your project. You can help, but it's probably better to limit your assistance to thinking the project through. Your child needs to learn how to solve problems--and work under pressure.

What if the situation is dire and without your help the project will not get done? Should you jump in or let your child suffer the consequences?

If this is only the first or second time your child has ended up in this situation, your best option is to help. But if your child habitually puts things off until the last minute, don't train him or her to expect you to save the day every time.

--adapted from *Parenting* magazine

Reading is to
the mind what
exercise is to
the body.



PURPLE FOLDERS

Purple folders will come home every Thursday with school information and your child's work. It is very important that you sit down on Thursday nights and go through this folder. Please empty out the contents and sign the inside of the folder.

Our parent newsletter will be published once a month this year. You will receive it in the first Thursday of the month's folder.

LIBRARY NIGHT HOURS

Did you know that our school library is open every Thursday night from 6:30 to 7:30? Mrs. Nelson is there to help you find and check out books. You can also work on Reading Count quizzes. It's a great way to have additional time in the library. **Bring your mom or dad and have a wonderful time in the Erlewine Library!**

REMEMBER TO TURN IN YOUR BOX TOPS!!!

P.T.A. Monthly News

Welcome Back! Time for Membership! Please send in your \$7.00—Moms, Dads, Grandparents, Aunts, and Uncles. Our P.T.A. meetings this year will be in the school library. Please come and join us and share your ideas. Our first meeting will be September 8th at 6:00. We will need volunteers on Back to School Night to sell t-shirts and work at our fund-raising sign-up tables. Please come by the office to sign-up. We look forward toward a wonderful year!

September Dates

September:

Sept 10: Early/Late Notices go home

Sept. 17: Early/Late Starts

Sept. 23: Back to School Night

Sept. 25: Class Match Day



Early/Late School Schedule beginning Tuesday, Sept. 17

Our regular schedule remains unchanged from last year. All students in grades first through sixth will attend on early schedule September 17 to Sept. 16. Early/Late schedule will start on Thursday, September 17. You will receive a notice from your child's teacher by September 10 advising you of your child's placement in either the early or late class. Teachers will decide your child's placement (not the office staff). Placement is decided by assessment results or split classes.

Grade level:	Starting Time	Dismissal Time
Kindergarten AM	8:00 a.m.	11:20 a.m.

Grade level:	Starting Time:	Ending Time:
Grades 1-3 (Early)	8:00 a.m.	1:18 p.m.
Grades 1-3 (Late)	9:00 a.m.	2:18 p.m.
Grades 4-6 (Early)	8:00 a.m.	1:56 p.m.
Grades 4-6 (Late)	9:00 a.m.	2:56 p.m.

We will continue to follow an early day schedule every Wednesday, i.e., all students in grades 1-6 will start at 8:00 a.m. and will be dismissed at 1:18 (Gr. 1-3) or 1:56 (Gr. 4-6). Kinder. students will have a regular schedule.

Attendance

If your child is going to be absent for any reason, please call our 24 hour attendance line at 228-5714. If they will be absent for more than a day, you may want to call and have your child's teacher prepare a make-up packet. Please call for this service by 12:00p.m. and pick up no later than 3:30 from the school office. If your child will miss more than one week, please let us know so that we can prepare an individual study packet for your child.

Our Office Staff:

Office Manager: Stephanie Ehrk

Principal: Terry Smith

Plant Manager: Steven Rameriz

Custodian:



Phone: 228-5870

Strategies to Help Your Child Start the School Year Off Right

Few childhood experiences elicit more excitement and anxiety than the first day of school. Help your child calm first-day jitters by being aware of concerns and actively addressing them before the big day.

Kindergarten

What will happen at school? Before the first day, visit the school with your child. Meet the teacher and ask for a general outline of daily activities that you can discuss with your child. Discuss expectations, such as the need to sometimes stay in the seat and move about only with permission. Teach your child about raising a hand to ask questions and using the "inside voice." Make a game of these skills and practice them.

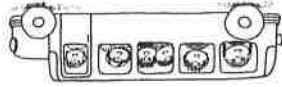
Who will be my friend? Remind your child that all the other children are also experiencing a "first," and will be eager to make friends. Practice role-playing simple "making friends" games, such as approaching a peer, smiling, and saying "Hi, my name is _____." What's your name?" Role-play asking another child to join in a game or share a toy.

Grade School

Will my teacher like me? Reassure your child that teachers always strive to be fair and helpful to every student. If children do their best, the teacher will recognize and respond to their positive efforts. **Will I have the "right" clothes?** Assigning value to clothing starts early. Remind your child that clothes are not a measure of character. Help him or her understand that although "fitting in" can be good, it's also important to demonstrate individuality and independence. Hold off on some clothing purchases until your child learns which items are "in." Then you can discuss the pros and cons of purchasing one or two of these items.

Site Council Meetings

Our first Site Council meeting for the year will be held on October 20, 2015. We will be reviewing how our school did as a whole on the statewide test. This test measures our students' progress in meeting Common Core Standards that describe what all students should know and be able to do at each grade level. We will also be reviewing our school budget. If you would like to join us please come to the school library, room 8, at 6:00 p.m. We look forward to seeing you!



O.W. Erlwine School
2441 Stansberry Way
Sacramento, Ca.
95826

Phone: 228-5870

Fax: 228-5872

Web:

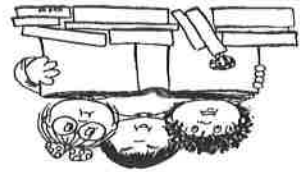
www.erlwine.scsd.edu
Erlwine Eagles!



ELEMENTARY

English Language Learner Parents

We will be having an English Language Learners Parent meeting on Wednesday, October 6, 2015 at 8:15 a.m.. Everyone is invited to attend. We will be discussing our school's test results and reviewing the school budget. The meeting will take place in the school office conference room.



Home & School CONNECTION[®]

Working Together for School Success

September 2015

O. W. Erlewine Elementary
Do Your Best! Reach Your Goal!



SHORT NOTES

TV-free mornings

Consider keeping the TV off on school mornings. When your child is ready for school before it's time to leave, he might draw, work on a jigsaw puzzle, or sort his baseball cards instead. Doing something that actively engages his brain, rather than zoning out in front of the television, will get him ready to learn.

Family teamwork

A big project like washing the car, painting a room, cleaning out the garage, or planting a garden can teach your youngster about teamwork. Plus, it's more fun when the whole family pitches in. An added bonus: Including younger children in adult jobs builds useful skills for later.

Parent education

Make parenting a little easier by arming yourself with as much information as possible. Look for free parent education nights offered by your youngster's school or in your community. For instance, you could learn about topics like discipline, nutrition, single parenting, or ADHD.

Worth quoting

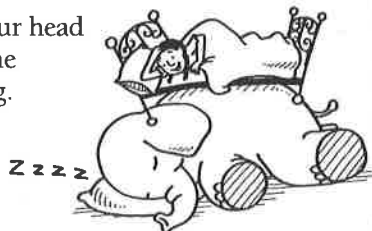
"Be happy with what you have while working for what you want."

Helen Keller

JUST FOR FUN

Q: How do you know if there's an elephant under your bed?

A: Your head hits the ceiling.



Organized for success

Does your child know that being organized can help her do better in school? As she launches into the new year, here are tools and strategies for keeping track of activities, homework, and school supplies.

Use a calendar

Hang a family calendar in a handy spot, and put your youngster in charge of adding things like picture day, field trips, and study group meetings. She could also color-code days she has special classes. For instance, maybe she'll put a green dot on band day to remember her instrument and a blue dot on library day so she doesn't forget her books. Then each evening, she should check the calendar as part of her getting-ready routine.

Write to-do lists

Starting each day with a to-do list is a good lifelong habit. Your child can use her student planner or a spiral notebook to make a list in the morning or the night before. She could list items in order of importance, or put stars by the most critical tasks. And she might put a time frame by each one. ("Practice



presentation from 4 to 4:30 p.m.") Have her cross off each item as she accomplishes it—she'll feel a nice sense of satisfaction.

Make a "school zone"

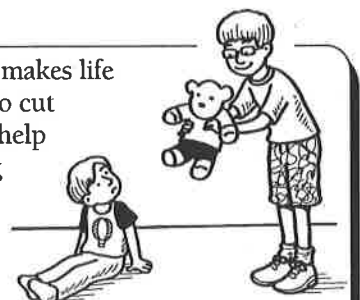
Set aside a special spot at home where your youngster can keep everything school-related. It might be in a corner of the kitchen or a basket in her room. Then, she could stock it with items like books, supplies, paperwork, long-term projects she's working on, and the school lunch menu. Encourage her to keep the area neat so she can easily find what she needs.♥

"I know how you feel"

In the classroom and at home, showing empathy makes life more pleasant for everyone—and has been shown to cut down on bullying. With these suggestions, you can help your youngster learn to sense how others are feeling and to reach out to them.

Show empathy. When your child is sad or anxious, tell him that you understand how he feels, and share a time you felt the same way. *Example:* "My best friend moved when I was 7, and I felt lonely."

Recognize empathy. If you see your child (or someone else) being empathetic, point it out. ("You could tell your little brother was upset. It was nice of you to give him your stuffed animal to hold.") Your youngster will be inspired to show empathy for others in the future.♥



Expectations: Aim high

If you have high, yet reasonable, expectations for your child, he will be more likely to rise to them. Consider this advice for setting and communicating your expectations:

- Focus on your youngster's actions rather than his intelligence. For instance, let him know you expect him to work hard, turn in every assignment, and listen to you and his teacher (rather than "I know you're smart, so you'll get good grades").



- Remind your child of your expectations regularly. You can state them directly ("I expect you to follow the rules in class") or indirectly ("I wonder what you'll study in college"). You could also express them as encouragement: "I know you'll try your best on today's science quiz."

- Help your youngster set high expectations for himself. One way is to remind him to think of himself as a good student, perhaps by mentioning past achievements. For example, if he's experiencing writer's block, pull out a creative story that his teacher wrote a nice comment on.♥

ACTIVITY CORNER

Word games to go

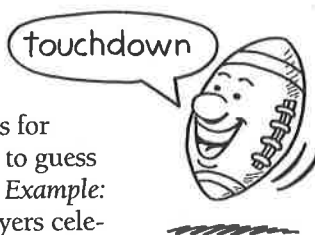
Watch your child's vocabulary grow by playing word games with her. Here are two you can enjoy anywhere you go.

Words to grow by

One person says a two-letter word, such as *do*. The next player says a three-letter word beginning with the same letter (*dog*). Then, the next person says a four-letter word that starts with the letter (*drum*). Continue until you can't think of a word that is one letter longer.

Riddle me this

Pick any word. Pretend to be the word, and give clues for other players to guess who you are. *Example:* "Football players celebrate me." "The endzone is my favorite place." "I start with *t* and end with *n*, and I have 9 letters." (Answer: *touchdown*.)♥



Q & A

Choosing an activity

Q: My daughter would like to try after-school activities this year. Should I sign her up for a few?

A: Extracurricular activities are great for helping children learn new skills and make friends who share their interests. On the other hand, too big of a time commitment to after-school clubs and teams can interfere with schoolwork, family time, and just playing and being a kid.

Look over an activity list together from the school, community center, or parks department. Then, let her pick just one to start with. For example, she might choose a running club, an arts and crafts group, or a student council committee. If she's interested in more than one, she could try one now and add another if she successfully juggles everything. You can support her by working out rides home, attending events, and asking her how it's going.♥



Steps to parent-teacher teamwork

Start the year off on the right foot with these four ideas for getting to know your youngster's teacher.

1. Try to meet the teacher as early in the year as possible—back-to-school night is a good opportunity. You'll get an overview of your child's daily routine and what he'll be learning, and you'll show the teacher you want to work together.

2. Find out the best way to stay in touch (notes, emails, phone calls). Communicate regularly

so it will be easier to reach out with questions or concerns.

3. Tell the teacher about your youngster's home life. You could write a note introducing your child and your family. ("Andy loves science and music. He and his big sister are at their dad's house every other weekend.")

4. Ask what you can do at home or in the school building to help your youngster and the teacher. She might offer tips for reading aloud to your child or invite you to volunteer in the classroom.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
540-636-4280 • rfeustomer@wolterskluwer.com
www.rfeonline.com

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